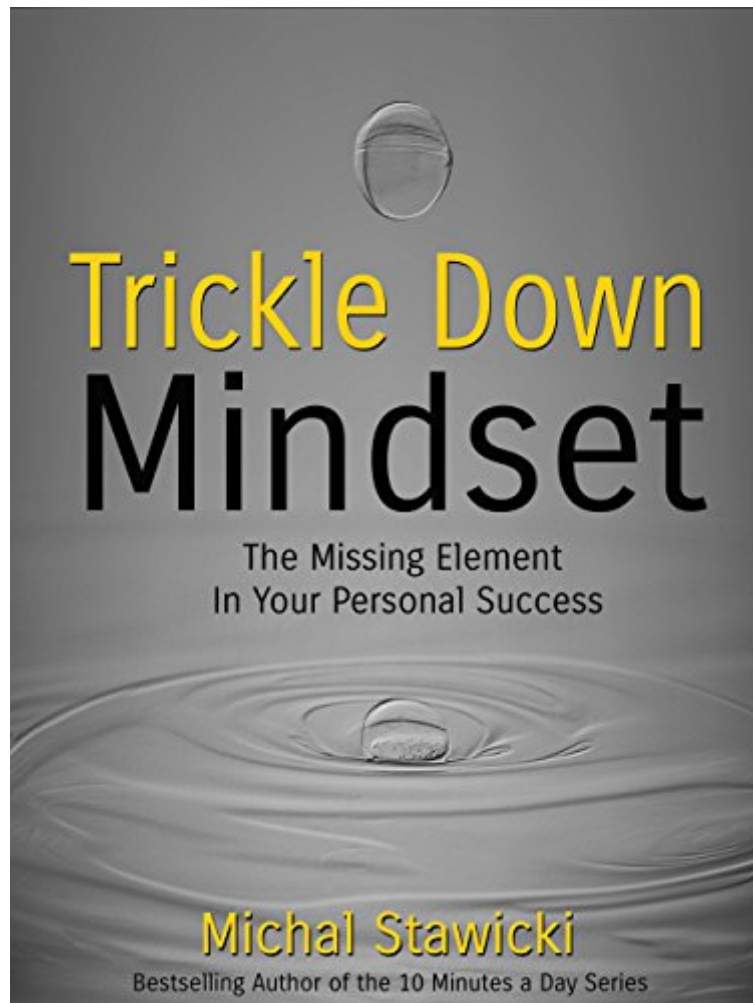


The book was found

Trickle Down Mindset: The Missing Element In Your Personal Success



Synopsis

Why is it so hard to fulfill our true potential? We all want more money. We all want to be better partners and parents. We all want to be in our peak physical condition. We all want to be as intelligent as we can be. But try as we might, few of us ever reach our potential. Why is it so difficult to truly fulfill our desires and achieve our goals? It's surely not for a lack of wanting. What if it was as simple as flipping a switch? So many of us have set goals religiously, attended expensive seminars and workshops, joined expensive gyms, emptied our pockets to fill our walls with degrees and certifications--yet we're still not who or where we want to be. What if grinding so hard isn't the way to get there? What if we could save ourselves a ton of blood, sweat, and tears? The good news is, we can. **The Missing Element in Your Success** With one simple shift in your mindset, you can supercharge your success and start fulfilling your true potential. And the good news is, this simple shift in attitude is easy to do, accessible to everyone, and will instantly start to spread like wildfire into your daily habits, routines, and the achievement of your goals. No more fighting yourself and fighting life. Make the switch, and watch your world transform. In **The Trickle Down Mindset**, time management, mindset, and productivity expert Michal Stawicki reveals his #1 catalyst for bringing about real change to every area of your life. Stop fighting an uphill battle and become who you've always wanted to be before it's too late. You only live once, and **The Trickle Down Mindset** will help you make it count! Scroll to the top of page and buy it now.

Book Information

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Customer Reviews

"Trickle Down Mindset" is a good introduction to the topic for people new to self-help. If you're thinking about making profound changes in your life, Michal's book will help you develop your personal philosophy which will transform your everyday life. I like Michal's holistic approach to personal growth and his focus on the strategy. I enjoyed his advice about shifting your mindset by challenging your beliefs. His tips on habits are spot-on. The chapter I liked the most was about "success blocks" - bite-sized statements to change your beliefs. I respect Michal's honesty about his personal experiences - both failures and successes. He has a slightly different background than most self-help authors. I couldn't relate to some of his teachings, probably because I felt it was more aimed at people aged 30+, working in a day job, with a spouse and kids. I didn't like the first ~25% or so of the book. In my opinion, the first couple chapters were repetitive and it wasn't necessary to spend so much time explaining the "why." I felt as if I was reading the same chapter three or four times. Michal's tone is different from regular self-help literature. It's not as cheery and uplifting as most self-help books are. I suspect it can work for people who prefer a calmer, more grounded voice. For me, some parts of the book felt a little bit negative/passive-aggressive. Then again, I prefer books written in a less serious and more humorous voice. I think this book should come with a warning that it's a Christian book. I don't enjoy religious references in self-help books, especially when they're centered around just one religion. If you're an atheist, some parts of this book won't speak to you or will feel preachy.

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